

**AARP Virginia**

AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service.

**ADT**

Our people are dedicated to your safety, and taking care of the people and property you value most in your life. Our customers trust us to help protect those things that cannot be replaced, remade or rebuilt. It's a trust we've worked to earn and maintain every day for more than 140 years. And we'll continue to earn your trust 24 hours a day, 365 days a year.

**Aging Matters Radio/TV**

Aging Matters is a new weekly program on Arlington's community radio station WERA – LP Arlington 96.7 FM featuring individuals with expertise about a broad array of aging related topics. Every Tuesday from 2:00 – 3:00 pm and Friday from 6:00 – 7:00 am, host Cheryl Beversdorf interviews experts on timely topics impacting the lives of older adults and their families. Issues include health and nutrition, Medicare, financial planning, residence alternatives, legal services, caregiving, senior employment, and a host of other areas to help educate aging adults and their families about living better and longer.

**Alzheimer's Association**

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

**Assisting Hands – Arlington & Reston**

Assisting Hands Home Care® grew out of a desire to provide seniors, and others needing non-medical assistance at home, with the option that most people prefer – to remain independent, safe and comfortable in their own homes. Assisting Hands® is a home care franchise company that emphasizes exceptional customer service and highly personalized in-home care to meet the needs of our clients.

**BB&T Bank**

From funding education programs to lending a hand to charitable and faith-based organizations, BB&T is proud to join our friends and neighbors in building stronger and more vital communities.

**Bright Star Care**

At BrightStar Care, we believe that caring is more than just a job— it's a way of life. That's why our caregivers mean so much more to the people, families, and organizations they serve. Now with over 300 independently owned and operated locations nationwide, BrightStar Care nurses, therapists, CNAs, and caregivers deliver professional and compassionate care in the comfort and familiarity of home. We are proud to provide the full range of home care services to meet your loved one's unique needs. From companionship, bathing, and hygiene assistance to in-home infusions and medication management, our professional care staff is available 24/7 to help when you need it most.

**Burke & Herbert Bank**

Whether you're new to the area, or have lived here for generations, we're always looking for ways to add value and convenience to your life beyond banking with us.

### **Campion**

Campion Asset Management is a Registered Investment Adviser that specializes in providing independent and objective investment advice and managing investment portfolios for individuals, families and nonprofit organizations.

### **Capital Caring Hero's Bridge**

Capital Caring is proud to serve the many veterans and their families within our community covering Maryland, Washington, DC and Virginia. While we have been recognizing the veterans in our service for more than 40 years, we have discovered that what veterans and their caregivers need most is 'boot-on-the ground' help – help in securing more in-home caregiver support, assistance in securing veterans' benefits, such as disability compensation, Veterans Affairs healthcare, and veterans' pension with aid and attendance.

### **Capital Caring HR and Volunteer Services**

At Capital Caring, you can make a world of difference, in our world of Caring! Our team of more than 800 employees and 1,000-plus volunteers serve nearly 1,400 patients and their families daily across Maryland, Virginia, and the District of Columbia, bringing exceptional care and a personal touch in fulfilling our mission to simply improve care.

### **Capital Caring Services/POST**

Since 1977, Capital Caring has simply improved care for those facing life-limiting illness through direct support of patients and their families, public education and advocacy. Founder Josephina Magno, was a pioneer in the 1970's. She understood that people living with serious illnesses needed substantial and sustained care. As a result of this innovation, Capital Caring has over the years provided hospice, palliative care, and counseling to nearly 120,000 patients and their families.

### **Capital Caring Tech Table**

Visit us to learn more about how technology can help you to connect with services that can assist you in your role as a caregiver. We will offer hands on demonstrations of the best the web has to offer and applications for use on any smartphone. Whether you are looking for an app to help you keep track of your loved one who still drives or one that informs you about whether Medicare will cover the cost of a specific medical item or service. We have a resource to meet everyone's need and a handy take-away brochure for future reference.

### **Capital One**

Capital One is a diversified bank that offers a broad array of financial products and services to consumers, small businesses and commercial clients. A Fortune 500 company, Capital One has one of the most widely recognized brands in America.

### **Care With Love**

Our mission is to help seniors remain independent in their own homes as long as possible. We seek to improve the quality of senior life through dependable, caring service and thereby protect the dignity of seniors amid the changes to their physical and mental faculties. We further commit ourselves to assisting the families of seniors who struggle with their complex responsibilities while caring for elder parents.

### **Chinese Artist – Danyi Hong**

Ms. Hong is a migrant from China, she used to teach human biology and anatomy in her home country. She was also a caregiver to her parents who both suffered with Alzheimer's and dementia. She explained how hard it was watching her parents go through these changes in life. She came to America to find refuge, first in California, then migrated her way to the Nation's Capital, then to Arlington where she currently resides. While being homeless, she was inspired by art and the love American people have shown her. She uses her artwork to show her love and compassion for mankind and her mother who was also an artist. She is very compassionate about the elderly population and loves to compose artwork for them.

### **ClearCaptions**

Making communications easier is our passion. We believe in providing the highest levels of service and products to our customers. Words matter to us at ClearCaptions.

### **Comforcare**

Whether it's due to injury, illness or aging, sometimes older adults need a little extra help, especially at home. However, family members and friends can't always be there 24/7 to assist their aging loved one. That's where ComForCare Home Care comes in. Our personalized care plans and compassionate caregivers help seniors live independently in their own home and continue to do all the things they love.

### **The Conversation Project**

The Conversation Project is a public engagement initiative with a goal that is both simple and transformative: to have every person's wishes for end-of-life care expressed and respected.

### **District Mobile Dental**

District Mobile Dental is a Gaithersburg, Maryland based concierge oral healthcare company providing on demand in-residence dental services in Maryland, Virginia and the District of Columbia. Our goal is to remove barriers to care by bringing modern portable dental equipment into your home and providing care where it is most safe, comfortable and accessible.

### **Fenwick Foundation**

The Fenwick Foundation has focused its efforts primarily on people living in long-term care residences. We are also committed to assist those who care for their spouses, parents, relatives and friends who are living at home or transitioning out of a hospital or long-term care facility. Caregiving is essential and, at the same time, can be very difficult, unrelenting and stressful. Our efforts are designed to provide respite and support in ways that make the job just a bit easier.

### **Food & Friends**

Founded in 1988, Food & Friends began in the basement of the Westminster Presbyterian Church with 20 volunteers enlisted to deliver 15 meals/day serving a total of 1,800 meals to 60 clients. Since our inception, we have moved from the cramped church basement to our own state-of-the-art kitchen and pantry facility and initiated new programs to meet the changing needs of people living with HIV/AIDS, cancer and other life-challenging illnesses in the Washington, DC metropolitan community.

### **Healwell Massages**

Healwell is a non-profit dedicated to improving quality of life for people living with acute, chronic and serious illness. Healwell was founded in 2010 by massage therapists Lauren Cates and Brenda Teal in response to the need they saw for well-trained, skilled massage therapists in hospitals, rehabilitation clinics and other places where people receive healthcare.

### **Home Instead**

Everything we do at Home Instead Senior Care<sup>®</sup> is driven by our universal mission: To enhance the lives of aging adults and their families. When our founders Paul and Lori Hogan began providing care for Paul's grandmother to help her remain at home, they envisioned a future where all people could age with greater hope and success. We strive to make that vision a reality with every life we are privileged to touch.

### **Keller Williams Realty**

Keller Williams is the world's largest real estate franchise by agent count, has more than 1,000 offices and 180,000 associates. The franchise is also No. 1 in units and sales volume in the United States. In 2015, Keller Williams began its evolution into a technology company, now building the real estate platform that agents' buyers and sellers prefer.

### **Lifematters Care**

Over the past decade, Lifematters has become the first choice for home care, care management, skilled nursing, and personal companionship services in Maryland, Washington, D.C., and Northern Virginia. Whatever your needs, Lifematters will work with you to create and deliver on the right care plan.

### **Like Neighbors**

Like Neighbors connects those experiencing a life-changing event, their family and friends nationwide, and established service providers. We eliminate the distance between those who need support and those who want to provide it!

### **Lion's Club**

Lions are ordinary men and women from all walks of life who bridge religious, political, economic and social boundaries. We are united by our common desire to make a difference by contributing personal time and talents to help others – especially the deserving in our own community. Our motto is "We Serve."

### **My Home Companion**

My Home Companion provides compassionate companionship for those needing help in their everyday activities or who just appreciate friendly company. Our certified, professional caregivers assist those in need to perform their daily activities while ensuring that the right amount of care is given at the right moment. Whether it is short-term part-time or long-term full-time care, My Home Companion is there when you or your loved one needs us.

### **Re:Cognition Health**

Re:Cognition Health specializes in the diagnosis, treatment and care of people with Alzheimer's disease, dementia, cognitive impairment or mental health concerns. We are leaders in Alzheimer's research and are recognized as an award-winning cognitive health provider.

**Ready Hands Home Care**

Ready Hands Home Care provides in-home care services on a recurring schedule for individuals with functional limitations due to age or illness. Our carefully screened Home Care Aides, all of whom are trained as Certified Nurse Aides. Assist clients with personal care tasks, household help, meals, safety monitoring and companionship. Services are available on an hourly basis from four to 24 hours per day or as live-in arrangements.

**RevolutionMeds**

RevolutionMeds Pharmacy's personalized, innovative approach to pharmacy aligns all prescriptions to be refilled on the same day every cycle. Best of all? Medication delivery to your home. Our system is very convenient, helps you take your medications correctly, and allows you to take control of your health! We believe the pharmacy should be your health coach, interacting with the patient as a whole, rather than one prescription at a time.

**Ryan's Caring Hands**

Ryan's Caring Hands provides cost effective quality care with dignity, honesty, and integrity to all that we service.

**Thrive Senior Living**

Thrive works to actively build assisted living and memory care communities that keep residents engaged in a life they love – a life worth living. From an exciting activity calendar to fine dining to adaptive technology, we've created a home for our residents, in every sense of the word.

**Virginia Hospital Center**

Virginia Hospital Center has provided exceptional medical services to the Washington, DC metropolitan area for 75 years and was once again named a Leapfrog Top Hospital in 2018, and previously named one of America's 100 Top Hospitals® and 50 Top Cardiovascular Hospitals® by Truven Health Analytics.

**Your GPS Doc**

Your GPS Doc is a trusted source of information for patients and caregivers struggling to navigate the healthcare system.