

Primary Care at Home

Medical Care for Elders that Delivers Peace of Mind

Who Do We Serve?

Older adults (65+) with chronic illness who need help getting to a doctor's office



What Do We Do?

- 1 HOUSE CALLS** Our doctors, nurse practitioners (NPs), and social workers specialize in primary care of older adults. We see patients regularly to coordinate their routine, urgent, specialty and hospital care.
- 2 24/7 ACCESS** Our team is available by phone 24/7 for urgent concerns and can make urgent visits within 1–2 business days.
- 3 SOCIAL WORK** Our social workers help patients and families find resources, assist with life transitions, and provide counseling and caregiver support.
- 4 MOBILE TECHNOLOGY** We do in-home tests such as blood work, X-rays, and ultrasound. We offer a secure online messaging tool to communicate with our team. And we provide televideo visits when needed.

PCH Team: Deanna Cho, LCSW; Linda Biedrzycki; Sayaka Hanada, MSN, FNP-C; Carol Joy Limoso-Cabahug, RN; Heidi Young, MD; Eric De Jonge, MD; Caitlin Geary, MS, FNP-C; Sherri Parker, LCSW; Mandy Brouillard; Denis Villanueva



800-869-2136

capitalcaring.org/pch



Our Goal: Peace of Mind

We provide health care for elders with serious illness, so they can age in place. Our high-level service includes complex medical care, medication management, coordination of specialty care, social work support, and 24/7 phone access.



Payment for Services

We accept Medicare, Medicaid and other insurances that cover our medical house call visits. Standard co-payments do apply.

Now Serving

Northern VA (Arlington, Falls Church, and McLean)

22041	22042	22043	22044	22046	22101	22201
22203	22204	22205	22207	22209	22211	22213

NW D.C./Chevy Chase, MD

20007	20008	20015	20016	20815	20816
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Leading our program is Dr. Eric De Jonge, Chief of Geriatrics for Capital Caring Health, who brings more than 20 years of experience as a Geriatrician and House Call physician. He attended Yale School of Medicine and completed internal medicine residency and Geriatrics fellowship at Johns Hopkins.

Dr. Eric De Jonge
Chief of Geriatrics

Team Offices

Northern VA

703-333-6969

3180 Fairview Park Drive
Falls Church, VA 22042

NW D.C./Chevy Chase, MD

202-844-4922

5425 Western Ave., 3rd Floor
Washington, D.C. 20015



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